

NATIONAL YOUTH HOCKEY LEAGUE

RULES AND LEAGUE INFORMATION

SCHEDULES

1. Schedules are available on the NESC web site. The web site address is www.nes.com, click on the NYHL banner. You may go directly to the NYHL home page at www.nyhl.net.
2. All games will be played at the NESC according to the issued schedule. There will be a \$200.00 fine imposed, for any team not showing or unable to play a scheduled game.

GAME FORMAT/RULES

1. Each game will consist of 3, 12-minute stop time periods.
- 2a. At any point, during the third period, if the goal differential is 5 or more, the clock will convert to running time. If the differential is overcome, the clock will revert to stop time.
- 2b. **During any contest, if the total number of combined team penalties, reaches or exceeds 25, the game will convert to running time, for the entire remaining portion of the contest.**
- 3a. All games will be played according to USA and MA Hockey rules. All officials will be USA Hockey level certified.
- 3b. Blue pucks will be required, in all games and division's USA hockey has mandated the use of a lightweight, blue puck. The NYHL Mosquito division will also use the "blue puck." Furthermore, the NYHL will hold the home team responsible for supplying these pucks. In the event, a game cannot be played with a blue puck, the home team will receive a forfeit and the organization will be fined, according to the established fee/fine structure, for a team forfeiting or unable to play a scheduled game.
4. Each team may roster a maximum 22 players. You may only have 20 players (18 skaters and 2 goalies) on your bench for any scheduled contest. All rostered players are eligible for each game, including playoffs. No player shall be rostered on more than 1 team competing in the NYHL. The only exception, to this rule, will be a Midget Major player. A Midget Major player, who is age appropriate, may appear on a level appropriate Midget Minor roster. That player must meet all roster deadlines. **Additionally, each Midget Minor team will be allowed to roster two (2) USA Hockey, Midget aged players, that do not meet the NYHL Midget Minor age specifications. The intent, of this exception, is to allow older players an opportunity, that might not otherwise exist. The intent is not to stack a team. If it is determined, that an organization has abused this latitude, the player(s) will be deemed ineligible for competition. This decision will be solely the judgment of the NYHL and its representatives.**
5. Roster changes or additions will not be accepted after the date posted on the calendar. Only players, who appear, on a stamped USA roster, which has been submitted to the NYHL, will be eligible for play after that date.
6. Prior to the start of each game, there will be a 3-minute, running time, warm-up. The warm-up time will begin when the zamboni exits the ice surface.
7. There will be NO TIMEOUTS awarded, any team, during regular league play.
8. In the event, opposing teams have like-colored uniforms; the home team will be responsible for changing their jersey colors.
9. All incident reports must be filed within 24 hours of the completion of the contest. A rostered team official may file incident reports, relating to the contest.
10. Coaches, on any team bench, must list their USA Hockey level certification number on the game sheet. This must be done prior to the start of the contest. Coaches will sign the game sheet prior to the start of each game.
11. If a team is permitted to enter the league after the 2nd parity round is complete, that team will not be eligible during the playoff or championship portion of the season.

12. All fines and league dues, (including Midget Major fighting fines), are ultimately the responsibility of the organization entering the team or teams, in the NYHL. Non-payment of fines or dues will jeopardize the organization's eligibility status.
13. All written communication, with exception of e-mail, shall be placed in the NYHL Communication Envelope located at the front desk.

PLAYER/COACH ELIGIBILITY

1. PLAYERS must be listed on a stamped USA hockey roster that has been submitted to the NYHL. Players must be age and level appropriate according to USA Hockey and NYHL rules. No player/goalie will be permitted to play down an age division or bracket. Players may play up an age division or bracket.
2. BRINGING PLAYERS UP: A team will be permitted to bring players up from an age division or bracket below them. The rules for "bringing a player up" or "borrowing" from a lower age division or playing bracket, are as follows:
 - a. The player must be USA registered and appear on a previously submitted roster (preliminary and/or USA stamped) with a team & organization competing in the NYHL. This will be considered the player's Primary Team & Organization. Players may only be borrowed by other teams within the same organization.
 - b. Players competing in the A or Open brackets with their Primary Team may play no lower than the B bracket in the age division above them.
 - c. In the event an organization has two teams competing in the same age division and playing level, the teams may not borrow players from one another. Lateral movement of players is never allowed.
 - d. All players first obligation is always to their Primary Team. A player may not be borrowed if there is a direct NYHL game conflict with their Primary Team.
 - e. If a team "brings up" or "borrows" a player, that team may have no more than 10 skaters on their bench for that game. This does not include fully dressed and padded goalies. A team may borrow a goalie and exceed the 10-skater limit as long as all of the skaters are playing for their Primary Team and there is no other goalie available.
 - f. A team may borrow a maximum of three players (including goalies) per scheduled game not to exceed the 10 skater limit.
 - g. Age appropriate Midget Major players may not be "borrowed" for use on Midget Minor teams.
 - h. If a team chooses to "borrow or "bring up" a player, that team must submit the attached Player Borrowing Notification Form. The form must be completed and submitted prior to the start of the game. The completed form should be placed into the NYHL Communication Envelope located at the front desk. The Forms will always be available at the front desk and on the NYHL website.

Failure to abide by any of these procedures will result in a 2 game suspension to be issued to the Head Coach of the offending team. Exceptions may be made for goalies on a case-by-case basis and with the consent of the opposing coach.

3. COACHES must appear, as a team official, on a stamped USA Hockey roster that has been submitted to the NYHL. A coach must have current and level appropriate patching, according to USA Hockey rules.

PENALTIES/SUSPENSIONS

1. MITES and SQUIRTS: **Minor**; 1 minute, **Double Minor**; 2 minutes, **Major**; 3 minutes, **Misconduct**; 6 minutes
PEEWEEES and BANTAMS: **Minor**; 1 1/2 minutes, **Double Minor**; 3 minutes, **Major**; 4 minutes, **Misconduct**; 6 minutes
MIDGETS (Minor and Major): **Minor**; 2 minutes, **Double Minor**; 4 minutes, **Major**; 4 ½ minutes, **Misconduct**; 6 minutes
2. Game Misconduct and Ejections: Any player/coach receiving a game misconduct/ejection will not be eligible for the remaining portion of the game the ejection occurred and their next scheduled NYHL game, in the division the player/coach is rostered. Furthermore, the suspended player/coach will not be eligible for any NYHL games until the suspension has been served with their USA hockey rostered team, as submitted to the NYHL. In the Midget Major division, a player/coach receiving a fighting penalty will also receive a \$50.00 fine. That fine must be paid, prior to the date the player/coach, is eligible to return. The suspended player/coach cannot return until the fine has been paid. USA hockey requires that the player/coach receiving a game misconduct must sit his/her very next USA sanctioned game. Suspensions not served will result in an additional 1 game suspension for the player and a 1 game suspension for the head coach of record. Any player or coach receiving 3 game misconduct penalties, during the course of the season, will be subject to further discipline, including; expulsion from further league participation. In this event, the NYHL will hold a hearing. The NYHL and its representatives will conduct the hearing. Their decisions will be final. In the Midget Major division, 2 game misconducts will render a player ineligible for the remainder of the season. There will be no hearing or appeal process.
3. All suspensions and their status will be listed on the information board, located in the front corridor of the NESCS.

STANDINGS/UPDATES

1. The standings and game results will be posted to the web site and the information board, located in the front corridor of the NESCS. The information board will also include all suspensions and their current status.
2. Each team will receive 2 points for a win, 1 point for a tie and 0 points for a loss. In the event, of a tie, least goals against will be considered first and most goals scored considered second.

PLAYOFFS/CHAMPIONSHIPS

1. All eligible teams, according to NYHL rules, advance to the playoffs.
2. The playoffs are a double elimination tournament with the exception of the championship game, which will be single elimination.
3. A team or organization, with any outstanding fines or league dues, will not be eligible for the playoff round.
4. **ONLY** players who participated in a minimum of 10 games prior to January are eligible to participate in the playoffs. Scoresheets **WILL BE** checked and teams violating this rule will be disqualified from the playoffs.
5. Each team will be allowed 1 timeout, during each playoff and championship game. No additional timeouts will be awarded; in the event, a game goes into sudden death.
6. In the event of a tie, after 3 periods of regular play, the game will go into sudden death overtime. The rules for overtime play, in the playoffs and championships are as follows:
 - A. 5 vs 5, 5 minute period, sudden death
 - B. 4 vs 4, 5 minute period, sudden death
 - C. 3 vs 3, 20 minute period, sudden death
 - D. Continue repeating 3 vs 3, 20 minute period, sudden death

This sudden death format will continue until a winner has been determined.

LEAGUE CONTACTS/ADDRESSES

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